

# COMMON HYPO SYMPTOMS...

@DSNForumUK

Diabetes  
Specialist  
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UK



- **Sweating**
- **Shaking**
- **Light headed**
- **Dizziness**
- **Hungry**
- **unsteady**
- **unable to concentrate**
- **Looking pale**
- **Behaviour changes**

**Not everyone will have the same hypo symptoms.**

**Some people have reduced hypo awareness or even hypo unawareness.**