



1 WHO CAN USE THEM?

Anyone living with diabetes who give insulin injections.

Life is busy! Smart pens can help to keep a record of diabetes treatment. They also help identify in clinic where people need extra support.

Currently NovoPen 6 and NovoPen Echo Plus are available in the UK, others are coming to the market soon!



2 DISPLAYING DOSES

Use the pen to give your injection as normal. The pen will record all air shots as well as the insulin dose you give. The time you gave it will also be saved.

The digital display shows the last dose of insulin and time since last injection.

The number at the top shows the number of units last injected.

The timer below counts the hours, minutes and seconds (hh:mm:ss) since the last injection. The memory capacity stores data for the past three months.



3 CONNECTING

Smartpens can transfer injection dose information to a compatible app, allowing you to view it alongside your glucose information.

This can show how individualised injection habits affect glucose levels. It will also allow you to share information with your diabetes team.

Download a compatible app such as LibreLink, Glooko or MySgr and ask your diabetes team about connecting with them to support clinic appointments.

If you have a smartphone or device that supports Near Field Communication (NFC), you can transfer your information by holding the digital display end of the pen against the NFC spot on your device. Wait while your injection details are automatically transferred to the app.



4 PRESCRIPTIONS

It is best practice have a 'back-up' smart pen in case of loss or breakage.

It is a good idea to have different colour Smartpens for each insulin needed, to avoid mistakes.

NovoPen 6 comes in blue and silver. NovoPen Echo Plus comes in teal and red.

Diabetes teams will usually issue 1 pen per insulin used, your GP can prescribe the 'back-up' pen via FP10 prescription.

Smartpens are re-usable cartridge pens for use with 3ml insulin cartridges. NovoNordisk smartpens can only be used with NovoNordisk 3ml penfill cartridges - see our website for comparison chart of available insulins (DSN Forum 2023)



5 MORE INFO

For further info on compatible insulins please visit our website:
<https://www.diabetesspecialistnurseforumuk.co.uk/>

Access the diabetes peer support online community across all Social Media platforms! Just search for #GBdoc

For info from NovoNordisk please scan QR code:

